## ANCOBON® (flucytosine) CAPSULES

## WARNING

Use with extreme caution in patients with impaired renal function. Close monitoring of hematologic, renal and hepatic status of all patients is essential. These instructions should be thoroughly reviewed before administration of Ancobon.

**DESCRIPTION:** Ancobon (flucytosine), an antifungal agent, is available as 250-mg and 500-mg capsules for oral administration. Each capsule also contains corn starch, lactose and talc. Gelatin capsule shells contain parabens (butyl, methyl, propyl) and sodium propionate, with the following dye systems: 250-mg capsules — black iron oxide, FD&C Blue No. 1, FD&C Yellow No. 6, D&C Yellow No. 10 and titanium dioxide; 500-mg capsules — black iron oxide and titanium dioxide. Chemically, flucytosine is 5-fluorocytosine, a fluorinated pyrimidine which is related to fluorouracil and floxuridine. It is a white to off-white crystalline powder with a molecular weight of 129.09 and the following structural formula:



**CLINICAL PHARMACOLOGY:** Flucytosine is rapidly and virtually completely absorbed following oral administration. Bioavailability estimated by comparing the area under the curve of serum concentrations after oral and intravenous administration showed 78% to 89% absorption of the oral dose. Peak blood concentrations of 30 to 40 µg/mL were reached within 2 hours of administration of a 2-gm oral dose to normal subjects. The mean blood concentrations were approximately 70 to 80 µg/mL 1 to 2 hours after a dose in patients with normal renal function who received a 6-week regimen of flucytosine (150 mg/kg/day given in divided doses every 6 hours) in combination with amphotericin B. The half-life in the majority of normal subjects ranged between 2.4 and 4.8 hours. Flucytosine is excreted via the kidneys by means of glomerular filtration without significant tubular reabsorption. More than 90% of the total radioactivity after oral administration was recovered in the urine as intact drug. Flucytosine is deaminated (probably by gut bacteria) to 5-fluorouracil. The area under the curve (AUC) ratio of 5fluorouracil to flucytosine is 4%. Approximately 1% of the dose is present in the urine as the  $\alpha$ -fluoro- $\beta$ -ureido-propionic acid metabolite. A small portion of the dose is excreted in the feces.

The half-life of flucytosine is prolonged in patients with renal insufficiency; the average

half-life in nephrectomized or anuric patients was 85 hours (range: 29.9 to 250 hours). A linear correlation was found between the elimination rate constant of flucytosine and creatinine clearance.

*In vitro* studies have shown that 2.9% to 4% of flucytosine is protein-bound over the range of therapeutic concentrations found in the blood. Flucytosine readily penetrates the blood-brain barrier, achieving clinically significant concentrations in cerebrospinal fluid. Studies in pregnant rats have shown that flucytosine injected intraperitoneally crosses the placental barrier (see PRECAUTIONS).

*Pharmacokinetics in Pediatric Patients:* Limited data are available regarding the pharmacokinetics of Ancobon administered to neonatal patients being treated for systemic candidiasis. After five days of continuous therapy, median peak levels in infants were 19.6  $\mu$ g/mL, 27.7  $\mu$ g/mL, and 83.9  $\mu$ g/mL at doses of 25 mg/kg (N=3), 50 mg/kg (N=4), and 100 mg/kg (N=3), respectively. Mean time to peak serum levels was of 2.5 +1.3 hours, similar to that observed in adult patients. A good deal of interindividual variability was noted, which did not correlate with gestational age. Some patients had serum levels > 100  $\mu$ g/mL, suggesting a need for drug level monitoring during therapy. In another study, serum concentrations were determined during flucytosine therapy in two patients (total assays performed =10). Median serum flucytosine concentrations at steady state were calculated to be  $57 + 10 \,\mu\text{g/mL}$  (doses of 50 to 125 mg/kg/day, normalized to 25 mg/kg per dose for comparison). In three infants receiving flucytosine 25 mg/kg/day (four divided doses), a median flucytosine half-life of 7.4 hours was observed, approximately double that seen in adult patients. The concentration of flucytosine in the cerebrospinal fluid of one infant was 43 µg/mL 3 hours after a 25 mg oral dose, and ranged from 20 to 67 mg/L in another neonate receiving oral doses of 120 to 150 mg/kg/day.

*Microbiology:* Flucytosine has *in vitro* and *in vivo* activity against Candida and Cryptococcus. Although the exact mode of action is unknown, it has been proposed that flucytosine acts directly on fungal organisms by competitive inhibition of purine and pyrimidine uptake and indirectly by intracellular metabolism to 5-fluorouracil. Flucytosine enters the fungal cell via cytosine permease; thus, flucytosine is metabolized to 5-fluorouracil within fungal organisms. The 5-fluorouracil is extensively incorporated into fungal RNA and inhibits synthesis of both DNA and RNA. The result is unbalanced growth and death of the fungal organism. Antifungal synergism between Ancobon and polyene antibiotics, particularly amphotericin B, has been reported.

*Actions:* Flucytosine has *in vitro* and *in vivo* activity against Candida and Cryptococcus. The exact mode of action against these fungi is not known. Ancobon is not metabolized significantly when given orally to man.

*Susceptibility: Cryptococcus:* Most strains initially isolated from clinical material have shown flucytosine minimal inhibitory concentrations (MIC's) ranging from .46 to 7.8  $\mu$ g/mL. Any isolate with an MIC greater than 12.5  $\mu$ g/mL is considered resistant. *In vitro* resistance has developed in originally susceptible strains during therapy. It is

recommended that clinical cultures for susceptibility testing be taken initially and at weekly intervals during therapy. The initial culture should be reserved as a reference in susceptibility testing of subsequent isolates.

*Candida:* As high as 40% to 50% of the pretreatment clinical isolates of Candida have been reported to be resistant to flucytosine. It is recommended that susceptibility studies be performed as early as possible and be repeated during therapy. An MIC value greater than 100  $\mu$ g/mL is considered resistant.

Interference with *in vitro* activity of flucytosine occurs in complex or semisynthetic media. In order to rely upon the recommended *in vitro* interpretations of susceptibility, it is essential that the broth medium and the testing procedure used be that described by Shadomy.<sup>1</sup>

**INDICATIONS AND USAGE:** Ancobon is indicated only in the treatment of serious infections caused by susceptible strains of Candida and/or Cryptococcus.

*Candida:* Septicemia, endocarditis and urinary system infections have been effectively treated with flucytosine. Limited trials in pulmonary infections justify the use of flucytosine.

*Cryptococcus:* Meningitis and pulmonary infections have been treated effectively. Studies in septicemias and urinary tract infections are limited, but good responses have been reported.

With the exception of urinary tract infection, Ancobon should be used in combination with amphotericin B for the treatment of systemic candidiasis and cryptococcosis because of rapid emergence of resistance to Ancobon in Candida and Cryptococcus isolates in patients receiving Ancobon alone.

**CONTRAINDICATIONS:** Ancobon should not be used in patients with a known hypersensitivity to the drug.

**WARNINGS:** Ancobon must be given with extreme caution to patients with impaired renal function. Since Ancobon is excreted primarily by the kidneys, renal impairment may lead to accumulation of the drug. Ancobon blood concentrations should be monitored to determine the adequacy of renal excretion in such patients.<sup>1</sup> Dosage adjustments should be made in patients with renal insufficiency to prevent progressive accumulation of active drug.

Ancobon must be given with extreme caution to patients with bone marrow depression. Patients may be more prone to depression of bone marrow function if they: 1) have a hematologic disease, 2) are being treated with radiation or drugs which depress bone marrow, or 3) have a history of treatment with such drugs or radiation. Bone marrow toxicity can be irreversible and may lead to death in immunosuppressed patients. Frequent monitoring of hepatic function and of the hematopoietic system is indicated

during therapy.

**PRECAUTIONS:** *General:* Before therapy with Ancobon is instituted, electrolytes (because of hypokalemia) and the hematologic and renal status of the patient should be determined (see WARNINGS). Close monitoring of the patient during therapy is essential.

*Laboratory Tests:* Since renal impairment can cause progressive accumulation of the drug, blood concentrations and kidney function should be monitored during therapy. Hematologic status (leucocyte and thrombocyte count) and liver function (alkaline phosphatase, SGOT and SGPT) should be determined at frequent intervals during treatment as indicated.

*Drug Interactions:* Cytosine arabinoside, a cytostatic agent, has been reported to inactivate the antifungal activity of Ancobon by competitive inhibition. Drugs which impair glomerular filtration may prolong the biological half-life of flucytosine.

*Drug/Laboratory Test Interactions:* Measurement of serum creatinine levels should be determined by the Jaffé reaction, since Ancobon does not interfere with the determination of creatinine values by this method. Most automated equipment for measurement of creatinine makes use of the Jaffé reaction.

*Carcinogenesis, Mutagenesis, Impairment of Fertility:* Flucytosine has not undergone adequate animal testing to evaluate carcinogenic potential. The mutagenic potential of flucytosine was evaluated in Ames-type studies with five different mutants of *S. typhimurium* and no mutagenicity was detected in the presence or absence of activating enzymes. Flucytosine was nonmutagenic in three different repair assay systems (i.e., rec, uvr and pol).

There have been no adequate trials in animals on the effects of flucytosine on fertility or reproductive performance. The fertility and reproductive performance of the offspring ( $F_1$  generation) of mice treated with 100 mg/kg/day (345 mg/M<sup>2</sup>/day or 0.059 times the human dose), 200 mg/kg/day (690 mg/M<sup>2</sup>/day or 0.118 times the human dose) or 400 mg/kg/day (1380 mg/M<sup>2</sup>/day or 0.236 times the human dose) of flucytosine on days 7 to 13 of gestation was studied; the *in utero* treatment had no adverse effect on the fertility or reproductive performance of the offspring.

*Pregnancy:* Teratogenic Effects. Pregnancy Category C. Flucytosine was shown to be teratogenic (vertebral fusions) in the rat at doses of 40 mg/kg/day (298 mg/M<sup>2</sup>/day or 0.051 times the human dose) administered on days 7 to 13 of gestation. At higher doses (700 mg/kg/day; 5208 mg/M<sup>2</sup>/day or 0.89 times the human dose administered on days 9 to 12 of gestation), cleft lip and palate and micrognathia were reported. Flucytosine was not teratogenic in rabbits up to a dose of 100 mg/kg/day (1423 mg/M<sup>2</sup>/day or 0.243 times the human dose) administered on days 6 to 18 of gestation. In mice, 400 mg/kg/day of flucytosine (1380 mg/M<sup>2</sup>/day or 0.236 times the human dose) administered on days 7 to 13 of gestation was associated with a low incidence of cleft palate that was not

statistically significant. There are no adequate and well-controlled studies in pregnant women. Ancobon should be used during pregnancy only if the potential benefit justifies the potential risk to the fetus.

*Nursing Mothers:* It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk and because of the potential for serious adverse reactions in nursing infants from Ancobon, a decision should be made whether to discontinue nursing or to discontinue the drug, taking into account the importance of the drug to the mother.

*Pediatric Use:* The efficacy and safety of Ancobon have not been systematically studied in pediatric patients. A small number of neonates have been treated with 25 to 200 mg/kg/day of flucytosine, with and without the addition of amphotericin B, for systemic candidiasis. No unexpected adverse reactions were reported in these patients. It should be noted, however, that hypokalemia and acidemia were reported in one patient who received flucytosine in combination with amphotericin B, and anemia was observed in a second patient who received flucytosine alone. Transient thrombocytopenia was noted in two additional patients, one of whom also received amphotericin B.

**ADVERSE REACTIONS:** The adverse reactions which have occurred during treatment with Ancobon are grouped according to organ system affected.

Cardiovascular: Cardiac arrest, myocardial toxicity, ventricular dysfunction.

Respiratory: Respiratory arrest, chest pain, dyspnea.

Dermatologic: Rash, pruritus, urticaria, photosensitivity.

*Gastrointestinal:* Nausea, emesis, abdominal pain, diarrhea, anorexia, dry mouth, duodenal ulcer, gastrointestinal hemorrhage, acute hepatic injury with possible fatal outcome in debilitated patients, hepatic dysfunction, jaundice, ulcerative colitis, bilirubin elevation, increased hepatic enzymes.

Genitourinary: Azotemia, creatinine and BUN elevation, crystalluria, renal failure.

*Hematologic:* Anemia, agranulocytosis, aplastic anemia, eosinophilia, leukopenia, pancytopenia, thrombocytopenia.

*Neurologic:* Ataxia, hearing loss, headache, paresthesia, parkinsonism, peripheral neuropathy, pyrexia, vertigo, sedation, convulsions.

Psychiatric: Confusion, hallucinations, psychosis.

*Miscellaneous:* Fatigue, hypoglycemia, hypokalemia, weakness, allergic reactions, Lyell's syndrome.

**OVERDOSAGE:** There is no experience with intentional overdosage. It is reasonable to expect that overdosage may produce pronounced manifestations of the known clinical adverse reactions. Prolonged serum concentrations in excess of 100  $\mu$ g/mL may be associated with an increased incidence of toxicity, especially gastrointestinal (diarrhea, nausea, vomiting), hematologic (leukopenia, thrombocytopenia) and hepatic (hepatitis).

In the management of overdosage, prompt gastric lavage or the use of an emetic is recommended. Adequate fluid intake should be maintained, by the intravenous route if

necessary, since Ancobon is excreted unchanged via the renal tract. The hematologic parameters should be monitored frequently; liver and kidney function should be carefully monitored. Should any abnormalities appear in any of these parameters, appropriate therapeutic measures should be instituted.

Since hemodialysis has been shown to rapidly reduce serum concentrations in anuric patients, this method may be considered in the management of overdosage.

**DOSAGE AND ADMINISTRATION:** The usual dosage of Ancobon is 50 to 150 mg/kg/day administered in divided doses at 6-hour intervals. Nausea or vomiting may be reduced or avoided if the capsules are given a few at a time over a 15-minute period. If the BUN or the serum creatinine is elevated, or if there are other signs of renal impairment, the initial dose should be at the lower level (see WARNINGS).

**HOW SUPPLIED:** *Capsules*, 250 mg (gray and green), imprinted ANCOBON<sup>®</sup> 250 ICN, bottles of 100 (NDC 0187-3554-10). *Capsules*, 500 mg (gray and white), imprinted ANCOBON<sup>®</sup> 500 ICN, bottles of 100 (NDC 0187-3555-10).

Store at 25°C (77°F); excursions permitted to 15°C - 30°C (59°F - 86°F).

**REFERENCE:** 1. Shadomy S. *Appl Microbiol*. June 1969; 17: 871 - 877.

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